

# KETAMINE THERAPY IN VERMONT

Ketamine is a dissociative anesthetic and administered at low subanesthetic doses for treatment resistant depression, chronic pain, post traumatic stress and other conditions.



## **Spravato™ (nasal spray)**

Spravato™ is an FDA approved slightly altered form of Ketamine called esketamine. It is administered at an esketamine clinic. For more information about Spravato™ visit <https://www.spravato.com>. Spravato™ is covered by most insurances and typically does not include psychotherapy.

## **IV/SQ/IM Ketamine**

Ketamine clinics may offer either intravenous (IV), subcutaneous (SQ), or Intramuscular (IM) administration. Limited insurance coverage: IV Ketamine may be covered by some insurance, and is generally administered without psychotherapy.



## **Troches/Oral Lozenge**

Troches/oral lozenge can be self-administered in a therapeutic or psychotherapy setting with a trained mental health or psychiatric medical clinician. This application of Ketamine is not covered by insurance and is generally a self pay model. Troches are available through prescription from online services or psychiatric medical prescribers.

See the back of this page for a list of Ketamine services in Vermont. Ketamine therapy for mental health conditions is considered off label use by the FDA and experimental. Esketamine (Spravato™) is FDA approved.

# Ketamine and Esketamine Clinics in Vermont

**This resource sheet is for educational use only.**

Clinics listed on this resource sheet are for educational purposes only. Being listed on this document does not imply an endorsement of services or any specific provider.

## **Esketamine Clinics**

State Street TMS  
147 State Street, Montpelier  
Call or Text 802-419-0500  
intake@partnersinintegrativehealing.com  
partnersinintegrativehealing.com

JS Stone, MD  
Nicole Valcour PMHNP-BC FNP-BC  
73 Main Street  
Montpelier  
802-226-2633

Long Trail Psychiatry  
88 Main Street, Suite 201  
Middlebury  
802-349-7498

Brattleboro Retreat  
One Anna Marsh Lane  
Brattleboro  
802-257-7785

Katherine Baker, NP  
West River Wellness,  
57 Western Ave,  
Brattleboro  
802-254-2291

David Eiler, MD,  
Julia C. Knight, MD, PhD  
Dartmouth, Lebanon, NH  
866-346-2362

## **SQ/IM/IV Ketamine Clinic**

North Branch Health  
7 Court St, Suite 2  
Montpelier  
Phone / Text 802-828-1234

## **IV Ketamine Clinic**

Preventive Medicine Vermont  
Phone: (802) 879-6544  
Fax: (802) 879-0022  
PreventiveMedicineVT@gmail.com  
www.preventivemedicinevt.com

## **Ketamine-Assisted Psychotherapy Clinics Troches/Lozenge/Oral Admin**

Taconic Psychiatry  
Troches and IM at clinic, Manchester, VT  
802-424-8394  
<https://taconicpsychiatry.com/>

Inner Intelligence Counseling & Consulting  
Ginger Cloud, LCMHC, LADC, PATP  
Consultations to help determine KAP Fit  
Barre, VT  
Phone/Text 802-622-1229  
gingerLcloud@gmail.com  
innerintelligencevt.com

Kaitlyn Lindsay, LCMHC  
Virtual, Postpartum Specialization  
[kaitlyn@lindsaytherapy.com](mailto:kaitlyn@lindsaytherapy.com)  
(860) 385-2707

Rick Barnett, PhD  
Ketamine-Assisted Psychotherapy  
Stowe, VT 05672  
720-576-1472

Sapience Therapy  
Collaboration with Vt therapists for in office use,  
training, and IM therapy in Greenfield MA  
sapiencetherapy.com