



**Jessica Tracy is a certified Jungian Coach with a passion for guiding individuals on a journey of self-discovery.** By blending the psychological principles of Carl Jung with tangible Jungian coaching tools, she creates a compassionate and encouraging space for self-exploration and individuation. Through active imagination, shadow work, archetypal exploration, expressive arts, and other transformative methods, she helps clients uncover their hidden potential and rewrite limiting narratives to create a preferred future.

Jungian coaching also offers a structured approach to understanding symbolic images, somatic feelings and emotions presented during psychedelic experiences. Leveraging Jungian coaching tools and psychedelic facilitator techniques, Jessica helps clients uncover hidden symbolic meanings, explore emotional and somatic experiences, gain insights from innate inner wisdom, and reconnect with their authentic Self.

Jessica's core values of integrity, authenticity, creativity, and courage underpin her practice, facilitating an empathetic and transformative experience for her clients.

Jessica accepts private pay with current openings for virtual sessions. Complimentary discovery sessions can be scheduled [here](#) and psychedelic integration sessions can be scheduled [here](#).

Additional contact information: [hello@jessicathejungian.coach](mailto:hello@jessicathejungian.coach); 610-506-8896

#### **Certifications & Specialized Training:**

- *Introduction to Psychedelic Therapies for Clinicians: SoundMind Institute, May 2021*
- *Psychedelic Mindset Certification: SoundMind Institute, Aug 2021*
- *Sound Healing & Therapy, Celtic Harp, 2023-Ongoing*
- *Drum Healing & Therapy, Master Djembe Teacher, 2024-Ongoing*
- *Certified Jungian Coach: International Jungian Coaching School (ICF accredited), Feb 2024*
- *Jungian Coaching International Retreat (Greece): Continuing Education, Oct 2024*
- *Jungian Expressive Arts Therapy Workshops (e.g. The Psychodynamic Healing Powers of Art Materials), International Jungian Coaching School (ICF accredited), 2024-Ongoing*
- *Integrating Psychedelic Experiences, The Centre for Applied Jungian Studies, Dec 2024*
- *Gestalt Training Program – Level I: The Pennsylvania Gestalt Center for Psychotherapy and Training, January 2025*
- *Psychedelic-Assisted Facilitation Graduate Retreat, Experiential & Shamanic Practices (Peru): SoundMind Institute, February 2025:SoundMind Institute, February 2025*
- *Integrating Psychedelic Experiences Work Group, The Centre for Applied Jungian Studies, 2025-In Process*
- *International Coaching Foundation: Associate Certified Coach, In Process*
- *Doctoral Candidate in Acupuncture, Won Institute of Graduate Studies (Expected Completion: 2029)*